

## Meal Prices

Breakfast		Lunch	
Grades K-5	\$1.40	Grades K-5	\$2.30
Grades 6-8	\$1.40	Grades 6-8	\$2.40
Grades 9-12	\$1.40	Grades 9-12	\$2.40
Adult	\$1.65	Adult	\$3.40
Extra Milk	\$0.35	Extra Milk	\$0.35

# January 2018

## Canton School District Breakfast & Lunch Menu



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



1

No School

2

#### Waffles

3

- A. Tangerine Chicken w/Rice
- B. Corn Dog
- C. Italian Sub

Broccoli

#### Breakfast Sliders

4

- National Spaghetti Day!
- A. Spaghetti w/Meat Sauce w/Garlic Bread
  - B. Chicken Wrap
  - C. Ham & Cheese Sub
- Green Beans

#### Sausage Pancake Stick

5

- A. Beef & Cheese Burrito
- B. Chicken Nuggets
- C. Santa Fe Chicken Wrap

A&B: Tortilla Chips  
Carrots

#### Egg & Cheese Biscuit

8

- A. Turkey & Gravy
- B. Chicken Nuggets
- C. Ham & Cheese Sub

A&B: Bread  
Mashed Potatoes w/Gravy

#### Glazed Donut

9

- A. Italian Dunker
- B. BBQ Meatball Sub
- C. Cold Cut Sub

Peas

#### Breakfast Burrito

10

- A. Sloppy Joe
- B. Hot Dog on Bun
- C. Turkey & Cheese Sub

Baked Fries

#### Long John Donut

11

- A. Macaroni & Cheese w/Bread
- B. Pepperoni Pizza
- C. Italian Sub

Green Beans

#### Dutch Waffle

12

- A. Walking Taco w/Rice
- B. Pork Rib Sandwich
- C. Turkey & Cheese Sub

Corn

No School

15

#### French Toast Sticks

16

- A. Nachos Grande
- B. Meatballs w/Gravy
- C. Cold Cut Sub

A&B: Rice  
Green Beans

#### Sausage & Cheese Biscuit

17

- A. BBQ Chicken Sandwich
- B. Breaded Pork Fritter w/Bread
- C. Italian Sub

Mashed Potatoes w/Gravy

#### Waffles

18

- A. Tater Tot Hotdish
- B. Chicken Sticks
- C. Ham & Cheese Sub

A&B: Bread  
Carrots

#### Breakfast Pizza

19

- A. Cheesy Eggs w/French Toast Sticks
- B. Taco Quesadilla
- C. Turkey & Cheese Sub

Tater Tots

#### Pancakes

22

- A. Grilled Turkey & Swiss
- B. Crispy Chicken Sandwich
- C. Ham & Cheese Sub

Coleslaw

#### Breakfast Boat

23

- A. Chicken Enchilada
- B. Chicken Nuggets
- C. Cold Cut Sub

A&B: Cinnamon Roll  
Corn

#### Sausage Pancake Stick

24

- A. Super Mexi Tots w/Bread
- B. Chicken Wrap
- C. Italian Sub

Carrots

#### Cinnamon Roll

25

- A. Cheesy Chicken Penne
- B. Cheeseburger
- C. Ham & Cheese Sub

Peas

#### Long John Donut

26

- A. Cowboy Cavatini w/Bread
- B. Pepperoni Pizza
- C. Turkey & Cheese Sub

Corn

#### Breakfast Pizza

29

- A. Hot Ham & Cheese
- B. Taco Fiesta Pizza
- C. Italian Sub

Corn

#### Cheesy Eggs & Toast

30

- A. Tex-Mex Mac & Cheese w/Bread
- B. Mini Corn Dogs
- C. Cold Cut Sub

Green Beans

#### French Toast Stick

31

- A. Chicken Fajita Flatbread
- B. Italian Meatball Sub
- C. Ham & Cheese Sub

Carrots

Be a Food Label Detective:  
Make Sure to Choose Whole Grain



Look for "100% Whole Grain or Wheat" on packages of food like bread, cereal, and pasta.



### Breakfast Choices Offered Daily

- 100% Juice and Fruit
- Breakfast Entrée
- Cereal & Bread/Toast
- Choice of Milk



Learning = Hunger  
= Time to Thrive

### Daily Lunch Menu Includes

- Choice of A, B or C Entrées
- Fruit & Vegetable Bar
- Choice of Milk