

Meal Prices

Breakfast		Lunch	
Grades K-5	\$1.40	Grades K-5	\$2.20
Grades 6-8	\$1.40	Grades 6-8	\$2.30
Grades 9-12	\$1.40	Grades 9-12	\$2.30
Adult	\$1.65	Adult	\$3.40

December 2016

Canton School District Breakfast & Lunch Menu



Monday

Are You Hungry...All
Lunch Meals Include a
Nutrient Packed Fruit
and Vegetable Bar.
Eat Your 5 servings
Everyday!



Tuesday

Dairy Benefits:

- Brain Development
- Strong Bones/Teeth
- Sports Recovery
- Disease Prevention
- Maintain Strong Muscles & Bones

2-3
steps to stronger bones



Wednesday

Thursday

Friday

Egg & Cheese Biscuit 5

- A. Turkey & Gravy
- B. Chicken Nuggets
- C. Ham & Cheese Sub

A&B: Bread
Mashed Potatoes w/Gravy

Glazed Donut 6

- A. Italian Dunker w/Tortilla Chips
- B. BBQ Meatball Sub
- C. Cold Cut Sub

Peas

Dutch Waffle 7

- A. Walking Taco
- B. Pork Rib Sandwich
- C. Italian Sub

Corn

Breakfast Sliders 8

- A. Spaghetti w/Meat Sauce w/Garlic Bread
- B. Chicken Wrap
- C. Ham & Cheese Sub

Green Beans

Breakfast Pizza 9

- A. Sloppy Joe
- B. Hot Dog on Bun
- C. Turkey & Cheese Sub

Baked Fries

Cheesy Eggs & Toast 12

- A. Chicken Parmesan w/Pasta
- B. Cheese Pizza
- C. Ham & Cheese Sub

Peas

French Toast Sticks 13

- A. Nachos Grande
- B. Meatball w/Gravy
- C. Cold Cut Sub

A&B: Rice
Green Beans

Sausage & Cheese Biscuit 14

- A. BBQ Chicken Sandwich w/Bread
- B. Breaded Pork Fritter w/Bread
- C. Italian Sub

Carrots

Cinnamon Roll 15

- A. Baked Ham
- B. Chicken Nuggets Dinner Roll
- Cheesy Green Beans
- Mashed Potatoes w/Gravy
- Ice Cream

Breakfast Pizza 16

- A. Pizzaburger
- B. Taco Quesadilla
- C. Turkey & Cheese Sub

Baked Fries

Pancakes 19

- A. Beef & Cheese Burrito
- B. Crispy Chicken Sandwich
- C. Ham & Cheese Sub

Green Beans

Long John Donut 20

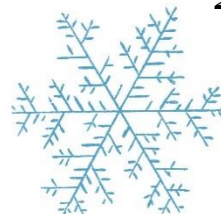
- A. Chili w/Corn Chips
- B. Chicken Nuggets
- C. Cold Cut Sub

Cinnamon Roll
Corn

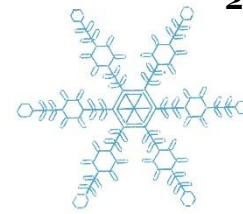
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Early Dismissal

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Merry Christmas & Happy New Year

Breakfast Choices Offered Daily

- Fruit & 100% Juice
- Breakfast Entrée
- WG Cereal
- Whole Grain Bread/Toast
- Low-Fat, Skim Strawberry & Skim Chocolate Milk

Lunch Choices Offered Daily

- "A", "B", or "C" Entrees
- Fruit & Vegetable Bar
- Low-Fat, Skim Strawberry & Skim Chocolate Milk



CBM is an equal opportunity provider and employer.