

Meal Prices

Breakfast		Lunch	
Grades K-5	\$1.40	Grades K-5	\$2.20
Grades 6-8	\$1.40	Grades 6-8	\$2.30
Grades 9-12	\$1.40	Grades 9-12	\$2.30
Adult	\$1.65	Adult	\$3.40

April 2017

Canton School District Breakfast & Lunch Menu



Monday

Breakfast Sliders 3

- A. Chicken Parmesan w/Pasta
- B. Cheese Pizza
- C. Ham & Cheese Sub

Peas

Tuesday

Breakfast Pizza 4

- A. Nachos Grande
- B. Meatball w/Gravy
- C. Cold Cut Sub

A&B: Rice
Green Beans

Wednesday

Cheesy Eggs & Toast 5

- A. BBQ Chicken Sandwich
- B. Breaded Pork Fritter w/Bread
- C. Italian Sub

Mashed Potatoes w/Gravy

Thursday

Waffles 6

- A. Tater Tot Casserole
- B. Chicken Sticks
- C. Ham & Cheese Sub

A&B: Bread
Carrots

Friday

French Toast Sticks 7

- A. Grilled Cheese Sandwich
- B. Chicken Wrap
- C. Turkey & Cheese Sub

Baked Fries

Dutch Waffle 10

- A. Beef & Cheese Burrito
- B. Crispy Chicken Sandwich
- C. Ham & Cheese Sub

Green Beans

Breakfast Pizza 11

- A. Roast Turkey
 - B. Chicken Nuggets
 - C. Cold Cut Sub
- Bread
Mashed Potatoes w/Gravy
Ice Cream

Long John Donut 12

- A. Super Mexi Tots w/Bread
- B. Chicken Wrap
- C. Italian Sub

Carrots

Cinnamon Roll 13

- A. Cheesy Chicken Casserole
- B. Cheeseburger
- C. Ham & Cheese Sub

Peas

14

No School

17

No School

Sausage & Cheese Biscuit 18

- A. Tex-Mex Mac & Cheese w/Bread
- B. Mini Corn Dogs
- C. Cold Cut Sub

Corn

Glazed Donut 19

- A. Italian Meatball Sub
- B. Hot Dog on Sub
- C. Italian Sub

Carrots

Breakfast Sliders 20

- A. Chicken & Noodles w/Bread
- B. Breaded Fish Sandwich
- C. Ham & Cheese Sub

Green Beans

Waffles 21

- A. Cowboy Cavatini w/Bread
- B. Taco Quesadilla
- C. Turkey & Cheese Sub

Corn

French Toast Sticks 24

- A. Italian Pasta Bake w/Breadstick
- B. Cheeseburger
- C. Ham & Cheese Sub

Green Beans

Egg & Cheese Biscuit 25

- A. Grilled Ham & Cheese
- B. Crispy Chicken Sandwich
- C. Cold Cut Sub

Baked Beans

Cinnamon Roll 26

- A. Macaroni & Cheese w/Bread
- B. Corn Dog
- C. Italian Sub

Peas

Pancakes 27

- A. Beef & Cheese Burrito
- B. Chicken Nuggets
- C. Santa Fe Chicken Wrap

A&B: Tortilla Chips
Carrots

Breakfast Pizza 28

- A. Ham & Scalloped Potatoes w/Bread
- B. Pepperoni Pizza
- C. Turkey & Cheese Sub

Green Beans



Be a Food Label Detective:
Make Sure to Choose Whole Grain



Look for "100% Whole Grain or Wheat" on packages of food like bread, cereal, and pasta.

Are You Hungry...All Lunch Meals Include a Nutrient Packed Fruit and Vegetable Bar. Eat Your 5 servings Everyday!



Dairy Benefits:

- Brain Development
- Strong Bones/Teeth
- Sports Recovery
- Disease Prevention
- Maintain Strong Muscles & Bones

2-3 servings a day



For more info visit:
www.midwestdairy.com

Breakfast Choices Offered Daily

- Fruit & 100% Juice
- Breakfast Entrée
- WG Cereal
- Whole Grain Bread/Toast
- Low-Fat, Skim Strawberry & Skim Chocolate Milk

Lunch Choices Offered Daily

- "A", "B", or "C" Entrees
- Fruit & Vegetable Bar
- Low-Fat, Skim Strawberry & Skim Chocolate Milk



CBM is an equal opportunity provider and employer.