

Meal Prices

Breakfast		Lunch	
Grades K-5	\$1.40	Grades K-5	\$2.20
Grades 6-8	\$1.40	Grades 6-8	\$2.30
Grades 9-12	\$1.40	Grades 9-12	\$2.30
Adult	\$1.65	Adult	\$3.40

November 2016

Canton School District Breakfast & Lunch Menu



Monday

Tuesday

Wednesday

Thursday

Friday

Are You Hungry...All Lunch Meals Include a Nutrient Packed Fruit and Vegetable Bar.
Eat Your 5 servings Everyday!

Glazed Donut 1
A. Italian Dunker w/Tortilla Chips
B. BBQ Meatball Sub
C. Cold Cut Sub
Peas

Dutch Waffle 2
A. Walking Taco
B. Pork Rib Sandwich
C. Italian Sub
Corn

Breakfast Sliders 3
A. Spaghetti w/Meat Sauce w/Garlic Bread
B. Chicken Wrap
C. Ham & Cheese Sub
Green Beans

Breakfast Pizza 4
A. Sloppy Joe
B. Hot Dog on Bun
C. Turkey & Cheese Sub
Baked Fries

Cheesy Eggs & Toast 7
A. Chicken Parmesan w/Pasta
B. Cheese Pizza
C. Ham & Cheese Sub
Peas

French Toast Sticks 8
A. Nachos Grande
B. Meatball w/Gravy
C. Cold Cut Sub
A&B: Rice
Green Beans

Sausage & Cheese Biscuit 9
A. BBQ Chicken Sandwich
B. Breaded Pork Fritter w/Bread
C. Italian Sub
Mashed Potatoes w/Gravy

Cinnamon Roll 10
A. Cheesy Chicken Casserole
B. Cheeseburger
C. Ham & Cheese Sub
Carrots

Breakfast Pizza 11
A. Pizzaburger
B. Taco Quesadilla
C. Turkey & Cheese Sub
Baked Fries

Pancakes 14
A. Beef & Cheese Burrito
B. Crispy Chicken Sandwich
C. Ham & Cheese Sub
Green Beans

Long John Donut 15
A. Chili w/Corn Chips
B. Chicken Nuggets
C. Cold Cut Sub
Cinnamon Roll
Corn

Sausage Pancake Stick 16
A. Super Mexi Tots w/Bread
B. Chicken Wrap
C. Italian Sub
Carrots

Waffles 17
A. Turkey w/Bread
B. Ham & Cheese Sub
Corn
Mashed Potatoes w/Gravy
Ice Cream

Glazed Donut 18
A. Cowboy Cavatini w/Bread
B. Pepperoni Pizza
C. Turkey & Cheese Sub
Green Beans

Breakfast Pizza 21
A. Hot Ham & Cheese
B. Taco Fiestada Pizza
C. Ham & Cheese Sub
Peas

Cheesy Eggs & Toast 22
A. Tex-Mex Mac & Cheese w/Bread
B. Mini Corn Dogs
C. Cold Cut Sub
Corn

23
No Lunch

24

Happy Thanksgiving

25
No School

Pancakes 28
A. Italian Pasta Bake w/Breadstick
B. Cheeseburger
C. Ham & Cheese Sub
Green Beans

Breakfast Pizza 29
A. Grilled Ham & Cheese
B. Crispy Chicken Sandwich
C. Cold Cut Sub
Baked Beans

Long John Donut 30
A. Macaroni & Cheese w/Bread
B. Corn Dog
C. Italian Sub
Peas

Dairy Benefits: 2-3 servings a day

- Brain Development
- Strong Bones/Teeth
- Sports Recovery
- Disease Prevention
- Maintain Strong Muscles & Bones

For more info visit: www.midwestdairy.com

Breakfast Choices Offered Daily

- Fruit & 100% Juice
- Breakfast Entrée
- WG Cereal
- Whole Grain Bread/Toast
- Low-Fat, Skim Strawberry & Skim Chocolate Milk

Lunch Choices Offered Daily

- "A", "B", or "C" Entrees
- Fruit & Vegetable Bar
- Low-Fat, Skim Strawberry & Skim Chocolate Milk



CBM is an equal opportunity provider and employer.