

## Meal Prices

Breakfast		Lunch	
Grades K-5	\$1.40	Grades K-5	\$2.30
Grades 6-8	\$1.40	Grades 6-8	\$2.40
Grades 9-12	\$1.40	Grades 9-12	\$2.40
Adult	\$2.15	Adult	\$3.65
Extra Milk	\$0.35	Extra Milk	\$0.35

# April 2019

## Canton School District Breakfast & Lunch Menu



### Monday

**Pancakes** 1  
A. Grilled Turkey & Swiss  
B. Crispy Chicken Sandwich  
C. Ham & Cheese Sub

Coleslaw

### Tuesday

**Breakfast Boat** 2  
A. Ham & Scalloped Potatoes  
B. Chicken Nuggets  
C. Cold Cut Sub

A&B: Cinnamon Roll  
Corn

### Wednesday

**Sausage Pancake Stick** 3  
A. White Goulash  
w/Bread  
B. BBQ Chicken Sandwich  
C. Turkey Wrap

Carrots

### Thursday

**Cinnamon Roll** 4  
A. Macaroni & Cheese  
w/ Bread  
B. Cheeseburger  
C. Italian Sub

Peas

### Friday

**Long John Donut** 5  
A. Cowboy Cavatini  
w/Bread  
C. Cheese Pizza  
**MSHS:** Fresh Baked  
C. Turkey & Cheese Sub  
Corn

**Breakfast Pizza** 8  
A. Hot Ham & Cheese  
B. Taco Fiestada Pizza  
C. Ham & Cheese Sub

Corn

**Cheesy Eggs & Toast** 9  
A. Tex-Mex Mac & Cheese  
w/Bread  
B. Mini Corn Dogs  
C. Cold Cut Sub

Green Beans

**French Toast Stick** 10  
A. Chicken Fajita Flatbread  
B. Italian Meatball Sub  
C. Turkey Wrap

Carrots

**Egg & Cheese Biscuit** 11  
A. Chicken & Noodles  
w/Bread  
B. Stuffed Crust Pizza  
C. Italian Sub

Green Beans

**Cinnamon Roll** 12  
A. Grilled Cheese Sandwich  
B. Breaded Fish Sandwich  
C. Turkey & Cheese Sub

Baked Fries

**Pancakes** 15  
A. Goulash  
w/Breadstick  
B. Cheeseburger  
C. Ham & Cheese Sub

Green Beans

**Breakfast Pizza** 16  
A. Grilled Ham & Cheese  
B. Crispy Chicken Sandwich  
C. Cold Cut Sub

Baked Beans

**Waffles** 17  
A. Tangerine Chicken  
w/Rice  
B. Corn Dog  
C. Turkey Wrap

Broccoli

**Sausage Pancake Stick** 18  
A. Chicken Drumstick  
w/ Dinner Roll  
B. Italian Sub  
Jello  
Coleslaw  
Carrots

No School

No School

**Glazed Donut** 23  
A. Italian Dunker  
B. BBQ Meatball Sub  
C. Cold Cut Sub

Peas

**Breakfast Burrito** 24  
A. Baked Ham  
w/French Toast Sticks  
B. Taco Quesadilla  
C. Turkey Wrap

Tater Tots

**Breakfast Sliders** 25  
A. Spaghetti w/ Meatsauce  
w/ Garlic Bread  
B. Chicken Wrap  
C. Italian Sub

Green Beans

**Dutch Waffle** 26  
A. Sloppy Joe  
B. Hot Dog on Bun  
C. Turkey & Cheese Sub

Baked Fries

**Cheesy Eggs & Toast** 29  
A. Chicken Parmesan  
w/Pasta  
B. Cheese Pizza  
C. Ham & Cheese Sub

Peas

**French Toast Sticks** 30  
A. Nachos Grande  
B. Meatballs w/Gravy  
C. Cold Cut Sub

A&B: Rice  
Green Beans

\*Please\*  
remember to take  
at least  
½ cup fruit & or  
veggies for a well  
balance meal



**Be a Food Label Detective:**  
Make Sure to Choose Whole Grain



Look for "100% Whole Grain or Wheat" on packages of food like bread, cereal, and pasta.



### Breakfast Choices Offered Daily

- 100% Juice and Fruit
- Breakfast Entrée
- Cereal & Bread/Toast
- Choice of Milk



### Daily Lunch Menu Includes

- Choice of A, B or C Entrées
- Fruit & Vegetable Bar
- Choice of Milk