

Dakota XII Conference Track & Field Meet

May 9th, 2019 at Tea Area High School



Field Events (Best in last flight – 9 to finals)

1:00 Girls Shot Put_(West Cen.)

Girls High Jump_(SFC)

Girls Long Jump_(Len)

Boys Triple Jump_(DV)

Boys Discus_(Cant)

Girls Pole Vault followed by Boys Pole Vault_(Tea Area)

2:30 Girls Discus_(Mad)

Boys Shot Put_(Verm)

Girls Triple Jump_(DR)

Boys Long Jump_(TV)

Boys High Jump_(EPI)

Running Events: IF WE GET AHEAD OF SCHEDULE WE WILL KEEP ROLLING

2:00 Girls 4 X 800 Meter Relay (1 Heat – Top 4 teams Seeded lanes 4 thru 1 / lanes 5 thru 8 two teams per lane)

2:10 Boys 4 X 800 Meter Relay (1 Heat – Top 4 teams Seeded lanes 4 thru 1 / lanes 5 thru 8 two teams per lane)

2:20 Girls 100 Meter Hurdles

2:30 Boys 110 Meter Hurdles

2:40 Girls 100 Meter Dash

2:45 Boys 100 Meter Dash

2:55 Girls 4 X 200 Meter Relay (2 Heats – Seed Top 8 2nd Heat)

3:00 Boys 4 X 200 Meter Relay (2 Heats – Seed Top 8 2nd Heat)

3:05 Girls 1600 Meter Run

3:15 Boys 1600 Meter Run

3:30 Girls 4 X 100 Meter Relay (2 Heats – Seed Top 8 2nd Heat)

3:45 Boys 4 X 100 Meter Relay (2 Heats – Seed Top 8 2nd Heat)

4:00 Girls 400 Meter Dash

4:15 Boys 400 Meter Dash

4:30 Girls 300 Meter Hurdles

4:45 Boys 300 Meter Hurdles

5:00 Girls Medley Relay (2 Heats – Seed Top 8 2nd Heat)

5:15 Boys Medley Relay (2 Heats – Seed Top 8 2nd Heat)

5:30 Girls 800 Meter Run (2 Heats – Seed Top 8 2nd Heat)

5:45 Boys 800 Meter Run (2 Heats – Seed Top 8 2nd Heat)

6:00 Girls 200 Meter Dash

6:15 Boys 200 Meter Dash

6:30 Girls 3200 Meter Run

6:45 Boys 3200 Meter Run

7:00 Girls 4 X 400 Meter Relay (2 Heats – Seed Top 8 2nd Heat)

7:15 Boys 4 X 400 Meter Relay (2 Heats – Seed Top 8 2nd Heat)